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ISIS VIDEO MAN FROM WALTHAM



FLED: Abu Ruymaysah in the video

By Ruth McKee

waltham@yellowad.co.uk

THE man thought to be the latest London Jihadi featured in an ISIS propaganda video grew up in Palmers Green, a TV documentary programme has revealed.

The Jihadis Next Door, broadcast on Channel 4 last week, opened with an interview of Siddhartha Dhar, 32, also known as Abu Ruymaysah, the man thought to be featured in the video with another man with a London accent executing people he claims were "spies".

At the beginning of the documentary, film-maker Jamie Roberts

interviews Ruymaysah about his background and his beliefs.

The 32-year-old, who ran a bouncy castle rental company, lived in Walthamstow, until he jumped bail and left the country with his pregnant wife and four young children last year.

He tells the documentary-maker that he grew up in a Hindu family in north London until he converted to Islam when he was 19.

He moved away from the area when he got married.

Asked if he, or his family, worry about their safety he replies: "Yeah, I think that's natural. There are tensions and there is caution as well. You see what far-right groups

are capable of. There is this kind of worry and concern. But that's part of the struggle."

He is introduced as the public relations man for a group of radical Muslims who organise protests against the British government.

In the course of the documentary it is revealed that he was one of nine suspected terrorist sympathisers arrested in police raids in east London.

He was released on bail after three days of questioning and disappeared two days later.

It is thought he travelled to Syria.

The documentary reveals he was last seen at Victoria coach station

with his wife and children.

The programme also showed the radical group Ruymaysah was associated with standing outside a chemist's in High Street, Wood Green, handing out flyers promoting their beliefs.

They are shown confronting a passing Kurdish procession.

The radical group shout "Allahu Akbar", God is greater or God is [the] greatest in Arabic, and some of the marchers launch themselves at the group - only stopping when a police officer intervened.

The Kurds have been one of the most successful groups in halting the advance of ISIS in northern Iraq and Syria.

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COMPETITION

Win tickets to night of sweet soul music

NEW show, Soul Legends, is touring the country direct from the USA and we have TWO pairs of tickets to give away to see it at Thameside Theatre in Grays.

We have teamed up with the promoters of the smash hit spectacular to give away tickets to see the show at the theatre in Grays on Friday, February 12.

Spanning the decades – from soul's heady 1960s origins to the present day – the show features the music of the Queen of Soul, Aretha Franklin, and fellow legends including James Brown, Tina Turner, Wilson Pickett, Sam and Dave, Michael Jackson, Barry White, George Benson, Lionel Richie and many more.



With slick choreography, 16 dazzling costume changes and the superb Soul Legends band, the tour brings legendary stars to life in "soul-sational" style.

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Respect, Soul Man, Ain't Nobody, Knock On Wood, Midnight Hour, You're My First My Last My Everything, Ain't No Stopping Us Now, Beat It, and I Feel Good, it promises to be the feelgood show of the year.

For more information and tickets call the Thameside Theatre box office on 0845 300 5264, visit www.thurrock.gov.uk/theatre or www.easytheatres.com.

To win one of two pairs of tickets to see the show, which starts at 8pm, answer the following question.

Q: Which famous 1960s singer is known as the Queen of Soul?

A: Aretha Franklin

B: Dionne Warwick

C: Tina Turner

To enter the competition telephone your answer – A, B or C – to (0901 307 1696) with your name, address, tele-

phone number and email.

Alternatively text YASOUL (space) followed by A, B or C, and your name, full address and email to 63333. Calls cost 50p per call plus your phone company's access charge.

Calls from mobiles will cost considerably more.

Texts cost 50p plus your standard network rates.

If you do not wish to receive details on any other products or services, text EXIT at the end of your message. Lines close on Thursday, February 4. Entries received after the closing date will not be counted but may still be charged.

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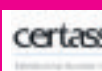
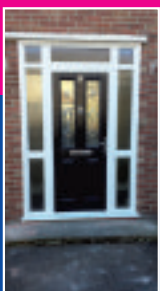


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Abandoned Jack Russell doing well

A 12 year-old female Jack Russell terrier is recovering in RSPCA care after having a football-sized tumour removed from her abdomen.

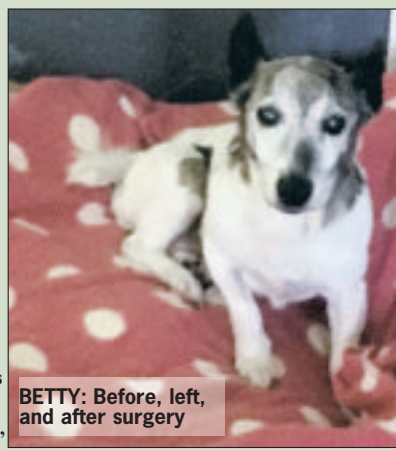
The RSPCA is appealing to the public for information after the small dog, named Beautiful Brilliant Betty by the team, was found abandoned in Dagenham, Essex.

The charity is also in search of a foster home for the dog as she recuperates.

RSPCA inspector Mitchell Smith said: "Poor Betty was in a terrible state when she came to RSPCA Essex South West branch. She was suffering with early stage cataracts, had poor hearing and was in need of dental work. She was covered in fleas and the tumour had started to ulcerate where it had dragged on the floor due to its size. Unfortunately, she did not have a microchip, so we don't know where she came from."

Betty was found wandering alone in Wantz Road, Dagenham, on Thursday, January 7, and was handed to a dog warden, who signed her over to the RSPCA so she could receive the care and she needed.

Inspector Smith said: "Betty is recovering from surgery where vets removed the 1.2kg mass. She is eating and drinking well and feels a lot better. What she needs now is a foster home, where she can recuperate in peace til she is ready to find her perfect forever home."



BETTY: Before, left, and after surgery

Beam Park plan to bring 3,000 homes

MAYOR of London Boris Johnson has announced the developer for a project that is set to deliver more than 3,000 homes in Beam Park.

Mr Johnson revealed that the site will be developed by Countryside Properties Ltd with London and Quadrant Housing Trust.

More than 3,000 homes are to be created, as well as a new train station and community facilities.

The site was used for the dress

rehearsal of the opening ceremony of London 2012.

Mr Johnson said: "Four years ago, this impressive site hid one of the biggest secrets ahead of the Olympic and Paralympic Games when it was used for opening ceremony rehearsals. It is now set to be transformed into a thriving new neighbourhood.

"As well as much-needed new homes of every tenure, the brand

new station will whisk residents into central London in record time, and the development will include mass green public space along the River Beam."

The site is the final major one to be released by the Mayor before the end of his term later this year.

Councillor Darren Rodwell, leader of Barking and Dagenham Council, said: "It is becoming evident that London is moving east,

and Barking and Dagenham, as London's growth opportunity, has a crucial role to play in meeting the capital's increasing housing and infrastructure needs.

"This scheme will provide some much-needed regeneration and investment to south Dagenham, creating a vibrant and exciting new neighbourhood which will also benefit the existing community and wider area."

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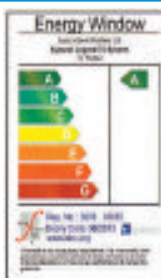
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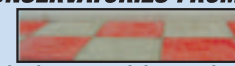
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double crossword

CRYPTIC CLUES

ACROSS

3. She may take the wheel with daz-zling effect (9)
8. Growing source of arrow poison (4)
9. As decreed, I go in the artillery (9)
10. Do return to tidy around a curiosity (6)
11. Strong beer (5)
14. She puts quite a lot of ice in her beer (5)
15. Not all an actor may play (4)
16. Unthinking worker who is all for automation (5)
18. It gets me back in the newspa-per (4)
20. A revolutionary invention (5)
21. Save a ship and rescue about fifty (5)
24. He shoots out from hiding (6)
25. He is named for the post (9)
26. It plays between two and four (4)
27. Essential employee in the securi-ty business? (3,6)

DOWN

1. Yet someone has to pull the trig-ger (9)
2. Not an easy paper on the subject of Dickens? (4,5)
4. Offhand and breezy (4)
5. One in a crowd gets a lift (5)
6. The way to the top - and why you can't get there (4,2)
7. Cut a prison term (4)
9. This is an alternative to returning to her (5)
11. New bales of fur (5)
12. Act - as a dismantler? (4,5)
13. Pantry is apparently not yet full (5-4)
17. Re-unite it with new string (5)
19. Some meat and veg. (6)
22. A guard to face (5)
23. Lied about being out of work (4)
24. Withered rose rescued in part (4)

Last week's solutions

Across: 1. Cosy; 3. Calmness; 8. Neat; 9. Mismatcher; 11. In good health; 13. Corner; 14. Finish; 17. All of a sudden; 20. Verbal; 21. Clue; 22. Dressing; 23. Less. Down: 1. Convince; 2. Stagger; 4. Alight; 5. Mendacious; 6. Emmer; 7. Sore; 10. Come to pass; 12. Thinness; 15. Indulge; 16. Call on; 18. Large; 19. Avid.

QUICK CLUES

ACROSS

3. Competent (9)
8. Circle (4)
9. Residue (9)
10. Oozed (6)
11. Moor (5)
14. Coppice (5)
15. Merit (4)
16. Attain (5)
18. Row (4)
20. Doorkeeper (5)
21. Entice (5)
24. Impudent (6)
25. Indispensable (9)
26. Loyal (4)
27. Dare (9)

DOWN

1. Sue (9)
2. Translate (9)
4. Ran away (4)
5. Angry (5)
6. Inborn (6)
7. Want (4)
9. Allude (5)
11. Core (5)
12. Random (9)
13. Enchanted (9)
17. Haste (5)
19. Disclose (6)
22. Adhesive (5)
23. Network (4)
24. Boast (4)

Across: 1. Rock; 3. Smirler; 8. Laird; 9. Hang back; 11. Take the point; 13. Outfit; 14. Snidely; 17. Face the music; 20. Seaboard; 21. Page; 22. Disperse; 23. Urge. Down: 1. Relation; 2. Clue; 4. Images; 5. In good time; 6. Train; 7. Rake; 10. Strike home; 12. Concrete; 15. Despair; 16. Shorts; 18. Amass; 19. Used.

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During the reign of Henry VIII, Hadleigh was gifted to Catherine of Aragon, Anne of Cleves and Catherine Parr.

You can explore what remains of the castle and the beautiful Hadleigh Country Park.

Further down the Thames Estuary from Hadleigh Castle is one of the most famous sites of Tudor history - Tilbury Fort.

Built by her father Henry VIII, Elizabeth I famously rallied her forces in the face of the oncoming Armada in July 1588 with her famous speech, "I know I have the body of a weak, feeble woman; but I have the heart and stomach of a king."

Tilbury Fort offers a great day out for history buffs to explore the site, including its magazine houses used to store gunpowder and you can feel



ROMANTIC: The ruins of Hadleigh Castle

what it was like to live there as one of the soldiers responsible for defending London.

Learn about life in Tudor times at Queen Elizabeth's Hunting Lodge, next to The View visitor centre in Epping Forest.

Built by Henry VIII in 1543 and later renovated by Elizabeth I, it's a remarkable and rare survivor of an intact timber-framed hunt standing still surrounded by its medieval royal hunting forest.

With a history that links it to the court of Henry VIII, the

restaurant at Marygreen Manor in Brentwood is appropriately called Tudors.

Not only that, the sensitive décor harks back to the 16th century, adding to the sense of grandeur. But the food and service is very much 21st century - and award-winning too.

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Helping hand for start-ups

A POP-UP business school has opened its doors for a week of free skills training in Leyton.

Award-winning training organisation PopUp Business School offered free training at Leyton Youth Club this week to residents and budding entrepreneurs keen to set up business.

Charitable housing association L&Q manages more than 3,700 homes in Waltham Forest and is funding the programme and its second phase in Hackney with £20,000 from the L&Q Foundation.

Bosses at the business school said their aim was to help people build the skills and confidence they need to make money from doing what they love.

The firm said it welcomed people of all backgrounds and circumstances, but especially the unemployed, people with a disability, lone parents, ex-offenders and disadvantaged members of the community.

Simon Paine, PopUp Business School's Co-founder, said: "Classes will include workshops on how to start a business with no money and how to make a brilliant website for free.

"We specifically want to meet people who find it harder to start. People who are fed up with the daily grind and want to try something new.

"Business has changed so much that there are more possi-

bilities than ever to get an idea off the ground, even if you haven't got any money."

Alkas Rahman, L&Q's Community Investment Officer, said: "Many people are motivated and enterprising, but just don't know how to go about taking those first steps towards setting up a business.

"At L&Q we are committed to building thriving, financially-independent communities full of opportunity.

"These workshops offer local people the chance to see if starting a business is for them and get expert support as they launch their new venture."

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NEWS

Dog mess DNA tests to tackle pet poo problem

A PILOT scheme has been launched in Barking and Dagenham encouraging dog owners to register their pet's DNA in a bid to tackle the problem of uncollected dog waste.

The scheme, the first of its type in the country, will see owners register with animal DNA specialists PooPrints. It will be trialled for three months in Abbey, Mayesbrook and Longbridge wards.

Cllr Darren Rodwell, leader of Barking and Dagenham Council, said: "It's about asking considerate dog owners to register their pet's DNA so we can wipe out dog mess in Barking and Dagenham and make a better, cleaner, safer borough."

Each of the pilot areas will be patrolled by the council's environmental enforcement team and park rangers who will take samples of dog mess they find.

The sample will be sent to PooPrints to see if a match could be found with any dog on its database. If a match is discovered, then the owner would be sent an advisory warning of future enforcement activity.

The council said that although it would not be compulsory to register initially, the scheme aims to gather evidence that will allow the council to "get tougher" on irresponsible dog owners later this year.

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CHILDREN desperately need foster families in Waltham Forest.

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Several foster carers in Waltham Forest told the *Y4* becoming a carer was the best decision they had ever made.

Pauline said: "Anyone can actually put

themselves forward. Don't hold back, put yourself forward, go for it. You'll be surprised."

Pam, who has been a Waltham Forest foster carer for 41 years, said that fostering enabled her to provide children with a family environment where they could flourish.

She added: "It gave me the feeling I had given something back to the community."

Sajida, a foster carer for 11 years, said: "If you've got room in your heart and room in your home, then please go for it. It's a really amazing thing to do, to change someone's life."

Ann Lucy, now 20, went into foster care when she was 14. Initially scared and upset, Ann said her foster carer made her feel like part of the family straight away.

She added: "She taught me to be a better person. She didn't do her job because of the money – she did it because she loved it. She was a good foster mum – she basically saved me."

"To do this job you have to have a lot of patience, you have to do it because you want to do it."

Care leaver Mo, 20, said: "Don't look at it as a chore or a job, look at it as having a new person by your side – a new family member."

Cllr Mark Rusling, cabinet member for children and young people, said: "We're looking for carers from every walk of life. Age, marital status, ethnic background and sexuality are not barriers to fostering, so do get in touch to find out more."

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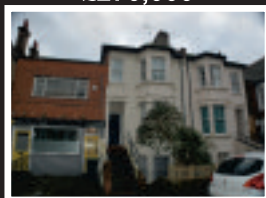
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***Guide**
£160,000



Rayleigh Rd., Leigh on Sea, Essex
A Semi Detached FREEHOLD INVESTMENT in a popular location. The Maisonette benefits from Gas Central Heating and double glazing

***Guide**
£270,000



Weston Road, Southend-on-Sea, Essex
Substantial 3 storey property was converted into three self-contained apartments many years ago, all let on Assured Shorthold Tenancies

***Guide**
£90,000



Crowstone Rd., Westcliff-on-Sea, Essex
A vacant 1 bedroom ground floor flat with the benefit of double glazing, gas central heating and direct access to a private rear garden

***Guide**
£40,000 - £45,000



West Street, Westcliff on Sea, Essex
A two storey Freehold property comprising a Lock Up Shop Investment whilst the first floor flat has been sold on a long lease

***Guide**
£125,000



Gorse Lane, Clacton-on-Sea, Essex
A VACANT chalet the present vendors have started a programme of renovation and refurbishment that now needs completion.

***Guide**
£130,000



Kelvedon Road, Wickham Bishops, Essex
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***Guide**
£145,000



Kelvedon Road, Wickham Bishops, Essex
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***Guide**
£80,000



Heygate Ave., Southend-on-Sea, Essex
A Vacant Upper First Floor Flat in convenient Town Centre Position. Whilst requiring some redecoration/improvement, sold with New Lease.

***Guide**
£90,000



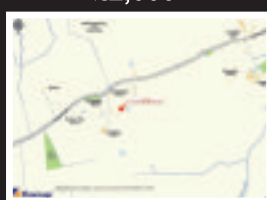
Grosvenor Road, Westcliff-on-Sea, Essex
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Holland Road, Westcliff on Sea, Essex
A 6th Floor Retirement Flat (for the over 60's) in this popular McCarthy & Stone development set upon the cliffs at Westcliff on Sea.

***Guide**
£175,000



Corringham Road, Stanford-le-Hope, Essex
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***Guide**
£220,000



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***Guide**
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Glastonbury Ave., Woodford, Essex
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***Guide**
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Public Notices

LONDON BOROUGH OF REDBRIDGE

Licensing Application

Notice of Application For A Premises Licence

I STEVEN SCHAEFFER (Portuguese Vinos Ltd) of 1 Raven Road, South Woodford, London E18 1HB have made application to the London Borough of Redbridge for/to vary a Premises Licence for a new application: Sale and storage of alcohol.

Representation must be made by 19th February 2016

Interested parties and responsible authorities wishing to oppose the application must give notice in writing to Head of Community Protection, The London Borough of Redbridge, 10th Floor, Lynton House, 255-259 High Road, Ilford, Essex IG1 1NN.

It is an offence liable on conviction to a fine up to Level 5 on the standard scale [£5,000], under Section 158 of the Licensing Act 2003 to make a false statement in or in connection with this application.

The record of the application may be inspected Monday to Friday (except Bank Holidays) at the offices of The London Borough of Redbridge, The London Borough of Redbridge, 10th Floor, Lynton House, 255-259 High Road, Ilford, Essex IG1 1NN. between the hours of 10.00am to noon and 2.00pm to 4.00pm or on the worldwide web at <http://www.redbridge.gov.uk/business/liquorentertainment.cfm>

GOODS VEHICLE OPERATOR'S LICENCE

JAC SKIP HIRE LTD of 24 St Johns Road, Gravesend, Kent DA12 2SB is applying for a licence to use Unit 11, Atcoat Road, Barking, Essex IG11 0EQ as an operating centre for 10 goods vehicles and 0 trailers.

Owners or occupiers of land (including buildings) near the operating centre who believe that their use or enjoyment of that land would be affected, should make written representations to the Traffic Commissioner at Hillcrest House, 386 Harehills Lane, Leeds LS9 6NF, stating their reasons within 21 days of this Notice. Representatives must at the same time send a copy of their representations to the applicant at the address given at the top of this Notice. A Guide to Making Representations is available from the Traffic Commissioner's Office.

GOODS VEHICLE OPERATOR'S LICENCE

AJ (UK) LTD of 14 Devonshire Road, Hornchurch, Essex RM12 4LQ is applying to change an existing licence as follows: To keep an extra 1 goods vehicle and 0 trailers at the operating centre at 75-77 Chequers Lane, Dagenham, Essex RM9 6QJ.

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CLARE 36yrs successful single mum, independent, employed with OHAC, size 10, green eyes, pretty, likes swimming, family life, seeking male with similar values and interests. Tel No: 0906 500 6358 Box No: 412053

KAREN an attractive blue eyed redhead, curvy size 16, likes films, football, pubs, reading, seeking likeminded male for nights in/out, hopefully more. Tel No: 0906 500 6358 Box No: 412057

FREYA 33 6ft blonde, loves dancing and have a good time, employed, own home, one son, seeking similar laidback guy/dad for dates, chats and more. Tel No: 0906 500 6358 Box No: 412045

JANE 29yr old horsey female, loves the outdoors, cycling, as well as duvet days, WLTm not too serious male for a hopefully normal relationship. Tel No: 0906 500 6358 Box No: 412315

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O'S BACK IN CONTENTION

Leyton Orient

**Leyton Orient 1
Newport County 0
Sky Bet League Two
By Rowland Lyons at the
Matchroom Stadium**

LEYTON Orient climbed back into the play-off zone on Tuesday, courtesy of an inspired substitution that saw new boss Kevin Nolan play a crucial part in the late, controversial penalty that Jay Simpson converted to claim his 22nd goal of an incredible season.

In a first half of few chances Newport came closest in stoppage time when Conor Wilkinson let fly from ten yards, but the underworked Alex Cisak pulled off a top drawer save.

This was after the O's – on the back of a fine weekend win at Wycombe – huffed and puffed and had only a couple of blocked Simpson efforts and Calaum Jahraldo-Martin's dipping drive to show for their efforts.

But Orient were quick out of the traps after the interval and Simpson was inches away from netting with a wicked curler that beat Mitchell Beeneey and his far post.

But, once again, the struggling Welsh side refused to surrender and Cisak was the busier of the two keepers, saving bravely from Wilkinson and sub John-Christopher Ayina.

The game desperately needed a spark and shortly after late Orient sub Armand Gnanouillet had gone agonisingly close with literally his first touch, Nolan introduced himself for the final fray.



SCORER: Jay Simpson

Photo Leyton Orient FC

With five minutes remaining the former West Ham man nodded Frazer Shaw's lofted free-kick onto a plate for Jobi McNuff, who was about to pull the trigger, before being felled by Darren Jones.

The referee had no hesitation in pointing to the spot and Nolan then picked the ball up and instead of trying to grab the glory, graciously handed the penalty-kick opportunity to Simpson, who didn't disappoint and beat Beeneey down the middle of his goal.

Newport had stoppage time spot-kick claims waved aside as Orient clung on to claim their first double of the season, to leave Nolan admitting: "There was no way I was happy how we dealt with the ball today. I thought we could do a lot better, with the quality we have

in the squad. But, we were a lot better in the second half.

"We probably had the most clear-cut chances. The most pleasing aspect is two clean sheets on the spin.

"I have told the players that when you're not playing well and tearing people apart, it's just as important to keep a clean sheet."

Making his first appearance for eight months, Nolan added: "It's totally different from training.

"I really enjoyed it tonight but it's hard work trying to juggle being out on the park and getting everything right for Saturday.

"But the backroom staff have been superb – hats off to them for making my transition so smooth."

Nolan announced the arrival of central defender, Shaun Brisley, and warned: "Shaun creates competition for our centre-halves.

"They will have to be on top of their game keeping clean sheets.

"If we don't keep a clean sheet on Saturday, then I will be making changes. But I want competition throughout the squad."

Nolan concluded: "I have been made very welcome here and it was a real 'Scouser' evening with all my family down and the likes of former West Ham team-mates, Andy Carroll, Mark Noble and James Collins here, too. So, it was great to get the win."

Cisak added: "Our aim is now to make the play-offs but we would like to go further than that.

"It's our first double tonight and important that we now go on a run of wins. Cambridge will be a tough game on Saturday but they're all tough."

Exiles boss Warren Feeney claimed: "If the ref gives a penalty at our end, then he's got to give one at theirs.

"People talk about players making poor decisions, but I've spoken to the ref and I hope he takes another look at the penalty and phones me in the morning admitting he'd made a mistake."

Leyton Orient: Alex Cisak, Sean Clohesy, Mathieu Baudry (captain), Connor Essam, Frazer Shaw, Calaum Jahraldo-Martin (Kevin Nolan 80), Jack Payne, Nigel Atangana, Jobi McNuff, Jay Simpson (Bradley Pritchard 90), Ollie Palmer (Armand Gnanouillet 68).

Newport County: Mitchell Beeneey, Danny Holmes, Darren Jones, Andrew Hughes, Ben Davies, Alex Rodman, Yan Klukowski (John-Christopher Ayina 54), Mark Byrne (captain), Deane Smalley, Medy Elito, Conor Wilkinson (Scott Boden 78).

Referee: Andy Davies

Assistants: Robert Whittton and Lee Vennamore

Attendance: 4,209

Non-league round-up

Wembley dream in Bowers' sights

By Brian Jeeves

ESSEX Senior League Bowers & Pitsea took another huge step towards a Wembley final after easing past Sutton Common in the fourth round proper of the FA Vase competition.

Vincent Durrant, Alfie Hilton and Lewis Manor were all on target for the Crown Avenue club. They now face either Bodmin Town or Ipswich Wanderers whose tie fell foul of the weather.

Bowers local rivals Basildon United were also in decent form. Luca Frankis and Bradley Warner were on target as the Bees won their league encounter at Wadham Lodge 2-0. Elsewhere in the ESL leaders FC Romania were among the goals, hammering Newham FC 8-2, and Lamar Reynolds hit the only goal as Barkingside edged out hosts Enfield 1893.

Ilford and Stansted both picked up 1-0 away successes. The east Londoners' victory came at Sawbridgeworth, while the Airport Men flew away with the points at Tower Hamlets.

In the National League, Braintree Town were edged out by a single Jon Parkin goal at leaders Forest Green Rovers. As a result the Iron slipped to 12th.

But there was better news for the region's National South outfits.

Chelmsford City began life without Mark Hawkes at the helm by winning a thrilling contest with Whitehawk at the Melbourne Stadium. Former Southend United skipper Kevin Maher took the reins as goals from Blues loanees Jason Williams and Jack Bridge along with Billy Bricknell and a Paul Lorraine own goal helped the Clarets to a 4-3 success over the Sussex side. Jake Robinson, Sergio Torres and Danny Mills replied for the visitors.

There was an impressive win on the road for Concord Rangers, who picked up maximum points after a 1-0 triumph at Bath City. James White grabbed the Beach Boys' goal early in the opening half.

In the Ryman Premier League, Grays Athletic hit back from two goals down to win 4-2 at Metropolitan Police. Dumebi Dumaka grabbed a hat-trick, while Roman Michael-Percil added another for triumphant Grays. Robbie Rees fired Brentwood Town ahead just after the break against Burgess Hill Town at the Arena. But Joe Keehan restored parity with five minutes left to hand the visitors a share of the spoils.

East Thurrock United picked up a point from an exciting 2-2 draw with high-flying Dulwich Hamlet at Rookery Hill, but it was a disappointing day for Canvey Island who crashed 3-1 at rock-bottom Lewes. Billericay Town also came home empty handed after a 2-1 setback at Harrow Borough.

Tilbury showed the way in Ryman League One North, seeing off Barkingside 3-0 at the Cricklefield Stadium.

Kurt Smith, Anthony Martin and Emiel Aiken all found the net for the Dockers. George Purcell and Junior Luke scored as AFC Hornchurch edged out Soham Town Rangers at Bridge Avenue.

Sam Newsom hit a brace as Maldon & Tiptree won 2-1 at Bury Town, while Matthew Cripps, Philip Kelly and Jake Turner helped Brightlingsea Regent to a 3-2 win over Cheshunt.

Jake Barham and Matthew Pooley scored Heybridge Swifts goals in a 2-2 derby draw with Witham Town but there wasn't such good news for the region's other Division One North clubs.

Jacob Cleaver and Alderberto Pinto fired Great Wakering Rovers into a commanding 2-0 lead at Thamesmead Town. But the hosts hit back to win 3-2.

Redbridge crashed 4-0 at home against AFC Sudbury, Craig Parker (3) and Luke Callander with the visitors' goals. While there were disappointing 1-0 defeats for Romford, at Dereham Town, and Thurrock, against Phoenix Sports at Ship Lane.

Selected action from the ProKit UK Essex Olympian League saw White Ensign triumph 2-0 in their Premier Division clash at Frenford Senior. In Division One Leigh Ramblers won their big derby with Old Southendian 4-0, while in Division Two Rochford Town hammered East Londoners 5-1.

Kate steps up in cross country championships

Athletics

HAVERING Athletics Club athletes ran well for their district teams as the Essex Schools Cross Country Championships took place at Colchester's Hilly Fields venue on Saturday.

Last year's Junior Girls' champion Kate O'Neill, running in the maroon colours of Mid Essex, stepped up with ease to the intermediate girls' age group as she won silver behind Chelmsford's

high-flying Khasisa Mhalanga, competing for the North West Essex team.

The improving Jessica Mitchell, only 11th in last year's junior competition, also ran well to book her English Schools' team place finishing fourth. Sophie Rand in 15th for Havering won Essex Schools' Inter Counties' selection while Catherine Barker was 29th – Mid Essex moving up an age group and Emily Marshall was 32nd for Havering.

Ben Davis's fifth place in the Senior Boys' event ensured English schools' selection with Matt Braybrook 13th in his final Essex Schools' championships.

Sarah Wilson also signed off her county schools' career in style in the Senior Girls' race in eighth, with Lois Wyatt in 12th and 15th place Georgia Phillips helping Havering to runners-up spot in the team stakes.

John Fennessey also effortlessly moved up an age group to come ninth in the Intermediate Boys' category with Jack Rice 14th, Oliver Morter 16th; all winning Inter Counties Essex selection, and Lewis Debenham's 20th helped to ensure Havering's team victory, while Sam Atkins (24th) and Oliver Bath (27th) also provided strong support.

Grace Dukelow led home the

club contingent in the Junior Girls' competition with a fine 13th place to make the Essex Schools' Inter Counties team with six other club athletes in the Havering line-up with Molly Bath and Rosie Brown 21st and 22nd, Poppy Ellis 36th and Molly Sweetman, Lily Bath and Hannah Panchal following closely packed.

Harry Jones was ninth with Oliver Woods (23rd) and Edward Laughlin (34th) the only club members in Junior Boys' action.

● Lauren Deadman was 15th in a highly competitive IAAF Cross Country International race in Elgiobar, Spain, on Sunday.

Wearing England colours Lauren finished in 27:37 with her England team-mates Jenny Nesbit and Rebecca Murray just ahead of her in 11th and 12th and Beth Hawling in 20th.

Essex chairman steps down

NIGEL Hilliard, chairman of Essex County Cricket Club, has stepped down from the role with immediate effect.

Mr Hilliard has held the position for almost 15 years. He said: "This has not been an easy decision to reach, but with my other interests taking more of my time, I cannot give the role the time it deserves."

John Faragher, currently deputy chairman, will take on the role of acting chairman.

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KWARTENG OPOKU SARFO

From: John Loughborough Secondary School

Achieved: A*A*A in A Levels in Maths, Chemistry and Biology. "My time at LSC has been great, with some lovely teachers and helpful resources."

Future plans: University. Ambition: Surgeon.



ALESHA PUDARUTH

From: Italy

Achieved: D*D*D in BTEC L3 Extended Diploma Travel and Tourism. "Leyton Sixth Form College has been a wonderful journey. A big thanks to my teachers who helped me throughout this important stage of my life." Future plans: Study Law at University of Westminster. Ambition: Barrister.



ADAM BEKILA

From: Forest Gate Community School

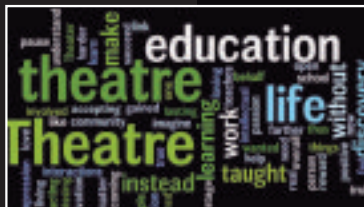
Achieved: D*D*D* in BTEC L3 Extended Diploma in IT. "I had a great time at Leyton Sixth Form College. My teachers have been supportive and inspirational."

Future plans: Going to Queen Mary University of London. Ambition: Programmer.

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"Diverse Dance Platform".
TICKETS: £6/£4.

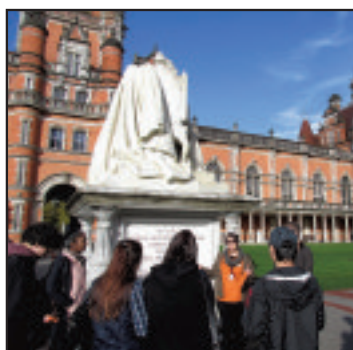
How to book...

Please book online on our website:
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For more information about any of these exciting
events call Dominique Neville on 020 8928 9044.

STUDENT ENRICHMENT @ LEYTON



Leyton Sixth Form College's enrichment programme grows from strength to strength each year. Enrichment, often known as extra-curricular, aims to give all Leyton students the opportunity to take part in a wide range of interesting activities, inside and outside the classroom. This year, students have had the chance to visit:

- Paris for the weekend visiting the Louvre, Eiffel Tower, Sacré-Coeur and the Arc de Triomphe
- Italy for a week visiting The Roman Forum, The Pantheon, Fontana Di Trevi, Colonna di Marco Aurelio, Palentine Hill, Colosseum and St Peter's Basilica
- Leeds Castle in Kent
- Russell Group universities including Oxford, Cambridge, Royal Holloway London and Queen Mary, University of London
- Mile End Climbing Wall
- Skills London exhibition at the ExCel London

- Warner Bros Studio Tour London – The Making of Harry Potter
- Thorpe Park
- Mulberry Youth Conference where students spoke about their views on society in front of influential speakers
- Free the Children's We Day at Wembley Arena where students committed themselves to social change and making a difference in their communities

All students who take part in the enrichment activities including the college's many clubs and societies, are given the chance to gain accreditation for the Queen Mary University of London Participation Award. The award recognises achievement at three levels, bronze, silver and gold and recognises students' involvement in enrichment as well as academic achievement.

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